

心技体

しんぎたい

shin-gi-tai

(n.) sprit-technique-physical strength/fitness;
three qualities considered important for an
athlete

おもてなし

omotenashi

(n.) hospitality; the word used by Christel
Takigawa during her 2013 presentation to IOC
to invite Summer Olympic Games to Tokyo

根性

こんじょう

konjō

(n.) guts; grit; tenacity

食欲の秋

しょくよくのあき

shokuyoku no aki

(expression) Fall as the season of “good
appetite”

一汁一菜

いちじゅういっさい

ichijū issai

(n.) a simple meal of rice, soup, and one
vegetable

焼きもち

やきもち

yakimochi

(n.) jealousy (literary “toasted mochi”)

定食

ていしょく

teishoku

(n.) a set meal (with rice, soup, and side dishes)

秋分

しゅうぶん

shūbun

(n.) fall equinox

時代遅れ

じだいおくれ

jidai okure

(n.) behind the times; out-of-date

タイムスリップ

taimu surippu

(n.) time travel